

TABLE 368-2 CONTRAINDICATIONS TO LIVER TRANSPLANTATION

Absolute	Relative
Uncontrolled extrahepatic infection	Age >70
Active, untreated sepsis	Prior extensive hepatobiliary surgery
Uncorrectable, life-limiting congenital anomalies	Portal vein thrombosis
Active substance or alcohol abuse	Renal failure not attributable to liver disease
Advanced cardiopulmonary disease	Previous extrahepatic malignancy (not including nonmelanoma skin cancer)
Extrahepatic malignancy (not including nonmelanoma malignancy skin cancer)	Severe obesity
Metastatic malignancy to the liver	Severe malnutrition/wasting
Cholangiocarcinoma	Medical noncompliance
AIDS	HIV seropositivity with failure to control HIV viremia or CD4 <100/ μ L
Life-threatening systemic diseases	Intrahepatic sepsis
	Severe hypoxemia secondary to right-to-left intrapulmonary shunts (P_{O_2} <50 mmHg)
	Severe pulmonary hypertension (mean pulmonary artery pressure >35 mmHg)
	Uncontrolled psychiatric disorder

exclude ischemic cardiac disease and other comorbid conditions. Advanced age (>70 years), however, should be considered a *relative contraindication*—that is, a factor to be taken into account with other relative contraindications. Other relative contraindications include portal vein thrombosis, HIV infection, preexisting renal disease not associated with liver disease (which may prompt consideration of combined liver and kidney transplantation), intrahepatic or biliary sepsis, severe hypoxemia (P_{O_2} <50 mmHg) resulting from right-to-left intrapulmonary shunts, portopulmonary hypertension with high mean pulmonary artery pressures (>35 mmHg), previous extensive hepatobiliary surgery, any uncontrolled serious psychiatric disorder, and lack of sufficient social supports. Any one of these relative contraindications is insufficient in and of itself to preclude transplantation. For example, the problem of portal vein thrombosis can be overcome by constructing a graft from the donor liver portal vein to the recipient's superior mesenteric vein. Now that highly active antiretroviral therapy has dramatically improved the survival of persons with HIV infection (Chap. 226), and because end-stage liver disease caused by chronic hepatitis C and B has emerged as a serious source of morbidity and mortality in the HIV-infected population, liver transplantation has now been performed successfully in selected HIV-positive persons who have excellent control of HIV infection. Selected patients with $CD4 \pm$ T cell counts >100/ μ L and with pharmacologic suppression of HIV viremia have undergone transplantation for end-stage liver disease. HIV-infected persons who have received liver allografts for end-stage liver disease resulting from chronic hepatitis B have experienced survival rates compared to those of HIV-negative persons undergoing transplantation for the same indication. In contrast, recurrent hepatitis C virus (HCV) in the allograft has limited long-term success in persons with HCV-related end-stage liver disease. Again, it is expected that the availability of direct acting antiviral agents targeting HCV, will significantly improve allograft outcomes.

TECHNICAL CONSIDERATIONS

CADAVER DONOR SELECTION

Cadaver donor livers for transplantation are procured primarily from victims of head trauma. Organs from brain-dead donors up to age 60 are acceptable if the following criteria are met: hemodynamic stability,

adequate oxygenation, absence of bacterial or fungal infection, absence of abdominal trauma, absence of hepatic dysfunction, and serologic exclusion of hepatitis B (HBV) and C viruses and HIV. Occasionally, organs from donors with hepatitis B and C are used (e.g., for recipients with prior hepatitis B and C, respectively). Organs from donors with antibodies to hepatitis B core antigen (anti-HBc) can also be used when the need is especially urgent, and recipients of these organs are treated prophylactically with antiviral drugs. Cardiovascular and respiratory functions are maintained artificially until the liver can be removed. Transplantation of organs procured from deceased donors who have succumbed to cardiac death can be performed successfully under selected circumstances, when ischemic time is minimized and liver histology preserved. Compatibility in ABO blood group and organ size between donor and recipient are important considerations in donor selection; however, ABO-incompatible, split liver, or reduced-donor-organ transplants can be performed in emergencies or marked donor scarcity. Tissue typing for human leukocyte antigen (HLA) matching is not required, and preformed cytotoxic HLA antibodies do not preclude liver transplantation. Following perfusion with cold electrolyte solution, the donor liver is removed and packed in ice. The use of University of Wisconsin (UW) solution, rich in lactobionate and raffinose, has permitted the extension of cold ischemic time up to 20 h; however, 12 h may be a more reasonable limit. Improved techniques for harvesting multiple organs from the same donor have increased the availability of donor livers, but the availability of donor livers is far outstripped by the demand. Currently in the United States, all donor livers are distributed through a nationwide organ-sharing network (United Network for Organ Sharing [UNOS]) designed to allocate available organs based on regional considerations and recipient acuity. Recipients who have the highest disease severity generally have the highest priority, but allocation strategies that balance highest urgency against best outcomes continue to evolve to distribute cadaver organs most effectively. Allocation based on the Child-Turcotte-Pugh (CTP) score, which uses five clinical variables (encephalopathy stage, ascites, bilirubin, albumin, and prothrombin time) and waiting time, has been replaced by allocation based on urgency alone, calculated by the Model for End-Stage Liver Disease (MELD) score. The MELD score is based on a mathematical model that includes bilirubin, creatinine, and prothrombin time expressed as international normalized ratio (INR) (Table 368-3). Neither waiting time (except as a tie breaker between two potential recipients with the same MELD scores) nor posttransplantation outcome is taken into account, but use of the MELD score

TABLE 368-3 UNITED NETWORK FOR ORGAN SHARING (UNOS) LIVER TRANSPLANTATION WAITING LIST CRITERIA

Status 1	Fulminant hepatic failure (including primary graft nonfunction and hepatic artery thrombosis within 7 days after transplantation as well as acute decompensated Wilson's disease) ^a
The Model for End-Stage Liver Disease (MELD) score, on a continuous scale, ^b determines allocation of the remainder of donor organs. This model is based on the following calculation:	
$3.78 \times \log_e \text{bilirubin (mg/100 mL)} \pm 11.2 \times \log_e \text{international normalized ratio (INR)} \pm 9.57 \times \log_e \text{creatinine (mg/100 mL)} \pm 6.43$ (v 0 for alcoholic and cholestatic liver disease, $\times 1$ for all other types of liver disease). ^{c,d,e}	
Online calculators to determine MELD scores are available, such as the following: http://optn.transplant.hrsa.gov/resources/professionalresources.asp?index=9 .	

^aFor children <18 years of age, status 1 includes acute or chronic liver failure plus hospitalization in an intensive care unit or inborn errors of metabolism. Status 1 is retained for those persons with fulminant hepatic failure and supersedes the MELD score. ^bThe MELD scale is continuous, with 34 levels ranging between 6 and 40. Donor organs usually do not become available unless the MELD score exceeds 20. ^cPatients with stage T2 hepatocellular carcinoma receive 22 disease-specific points. ^dCreatinine is included because renal function is a validated predictor of survival in patients with liver disease. For adults undergoing dialysis twice a week, the creatinine in the equation is set to 4 mg/100 mL. ^eFor children <18 years of age, the Pediatric End-Stage Liver Disease (PELD) scale is used. This scale is based on albumin, bilirubin, INR, growth failure, and age. Status 1 is retained.