

$\alpha 5, \alpha 5, \alpha 6(IV)$  network appears in skin, smooth muscle, and esophagus and along Bowman's capsule in the kidney. This switch probably occurs because the  $\alpha 3, \alpha 4, \alpha 5(IV)$  network is more resistant to proteases and ensures the structural longevity of critical tissues. When basement membranes are the target of glomerular disease, they produce moderate proteinuria, some hematuria, and progressive renal failure.

#### ANTI-GBM DISEASE

Autoimmune disease where antibodies are directed against the  $\alpha 3$  NC1 domain of collagen IV produces an *anti-GBM disease* often associated with RPGN and/or a pulmonary-renal syndrome called *Goodpasture's syndrome*. Discussion of this disease is covered earlier in "Acute Nephritic Syndromes."

#### ALPORT'S SYNDROME

Classically, patients with Alport's syndrome develop hematuria, thinning and splitting of the GBMs, mild proteinuria ( $<1-2$  g/24 h), which appears late in the course, followed by chronic glomerulosclerosis leading to renal failure in association with sensorineural deafness. Some patients develop lenticonus of the anterior lens capsule, "dot and fleck" retinopathy, and rarely, mental retardation or leiomyomatosis. Approximately 85% of patients with Alport's syndrome have an X-linked inheritance of mutations in the  $\alpha 5(IV)$  collagen chain on chromosome Xq22-24. Female carriers have variable penetrance depending on the type of mutation or the degree of mosaicism created by X inactivation. Fifteen percent of patients have autosomal recessive disease of the  $\alpha 3(IV)$  or  $\alpha 4(IV)$  chains on chromosome 2q35-37. Rarely, some kindred have an autosomal dominant inheritance of dominant-negative mutations in  $\alpha 3(IV)$  or  $\alpha 4(IV)$  chains.

Pedigrees with the X-linked syndrome are quite variable in their rate and frequency of tissue damage leading to organ failure. Seventy percent of patients have the juvenile form with nonsense or missense mutations, reading frame shifts, or large deletions and generally develop renal failure and sensorineural deafness by age 30. Patients with splice variants, exon skipping, or missense mutations of  $\alpha$ -helical glycines generally deteriorate after the age of 30 (adult form) with mild or late deafness. Early severe deafness, lenticonus, or proteinuria suggests a poorer prognosis. Usually females from X-linked pedigrees have only microhematuria, but up to 25% of carrier females have been reported to have more severe renal manifestations. Pedigrees with the autosomal recessive form of the disease have severe early disease in both females and males with asymptomatic parents.

Clinical evaluation should include a careful eye examination and hearing tests. However, the absence of extrarenal symptoms does not rule out the diagnosis. Since  $\alpha 5(IV)$  collagen is expressed in the skin, some X-linked Alport's patients can be diagnosed with a skin biopsy revealing the lack of the  $\alpha 5(IV)$  collagen chain on immunofluorescent analysis. Patients with mutations in  $\alpha 3(IV)$  or  $\alpha 4(IV)$  require a renal biopsy. Genetic testing can be used for the diagnosis of Alport's syndrome and the demonstration of the mode of inheritance. Early in their disease, Alport's patients typically have thin basement membranes on renal biopsy (see Fig. 62e-19), which thicken over time into multilamellations surrounding lucent areas that often contain granules of varying density—the so-called split basement membrane. In any Alport's kidney, there are areas of thinning mixed with splitting of the GBM. Tubules drop out, glomeruli scar, and the kidney eventually succumbs to interstitial fibrosis. All affected members of a family with X-linked Alport's syndrome should be identified and followed, including mothers of affected males. Primary treatment is control of systemic hypertension and use of ACE inhibitors to slow renal progression. Although patients who receive renal allografts usually develop anti-GBM antibodies directed toward the collagen epitopes absent in their native kidney, overt Goodpasture's syndrome is rare and graft survival is good.

#### THIN BASEMENT MEMBRANE DISEASE

Thin basement membrane disease (TBMD) characterized by persistent or recurrent hematuria is not typically associated with proteinuria, hypertension, or loss of renal function or extrarenal disease. Although

not all cases are familial (perhaps a founder effect), it usually presents in childhood in multiple family members and is also called *benign familial hematuria*. Cases of TBMD have genetic defects in type IV collagen but in contrast to Alport behave as an autosomal dominant disorder that in ~40% of families segregates with the *COL(IV)  $\alpha 3$ /COL(IV)  $\alpha 4$*  loci. Mutations in these loci can result in a spectrum of disease ranging from TBMD to autosomal dominant or recessive Alport's. The GBM shows diffuse thinning compared to normal values for the patient's age in otherwise normal biopsies (see Fig. 62e-19). The vast majority of patients have a benign course.

#### NAIL-PATELLA SYNDROME

Patients with nail-patella syndrome develop iliac horns on the pelvis and dysplasia of the dorsal limbs involving the patella, elbows, and nails, variably associated with neural-sensory hearing impairment, glaucoma, and abnormalities of the GBM and podocytes, leading to hematuria, proteinuria, and FSGS. The syndrome is autosomal dominant, with haploinsufficiency for the LIM homeodomain transcription factor LMX1B; pedigrees are extremely variable in the penetrance for all features of the disease. LMX1B regulates the expression of genes encoding  $\alpha 3$  and  $\alpha 4$  chains of collagen IV, interstitial type III collagen, podocin, and CD2AP that help form the slit-pore membranes connecting podocytes. Mutations in the LIM domain region of *LMX1B* associate with glomerulopathy, and renal failure appears in as many as 30% of patients. Proteinuria or isolated hematuria is discovered throughout life, but usually by the third decade, and is inexplicably more common in females. On renal biopsy there is lucent damage to the lamina densa of the GBM, an increase in collagen III fibrils along glomerular capillaries and in the mesangium, and damage to the slit-pore membrane, producing heavy proteinuria not unlike that seen in congenital nephrotic syndrome. Patients with renal failure do well with transplantation.

#### GLOMERULAR-VASCULAR SYNDROMES

A variety of diseases result in classic vascular injury to the glomerular capillaries. Most of these processes also damage blood vessels elsewhere in the body. The group of diseases discussed here lead to vasculitis, renal endothelial injury, thrombosis, ischemia, and/or lipid-based occlusions.

#### ATHEROSCLEROTIC NEPHROPATHY

Aging in the developed world is commonly associated with the occlusion of coronary and systemic blood vessels. The reasons for this include obesity, insulin resistance, smoking, hypertension, and diets rich in lipids that deposit in the arterial and arteriolar circulation, producing local inflammation and fibrosis of small blood vessels. When the renal arterial circulation is involved, the glomerular microcirculation is damaged, leading to *chronic nephrosclerosis*. Patients with GFRs  $<60$  mL/min have more cardiovascular events and hospitalizations than those with higher filtration rates. Several aggressive lipid disorders can accelerate this process, but most of the time atherosclerotic progression to chronic nephrosclerosis is associated with poorly controlled hypertension. Approximately 10% of glomeruli are normally sclerotic by age 40, rising to 20% by age 60 and 30% by age 80. Serum lipid profiles in humans are greatly affected by *apolipoprotein E* polymorphisms; the E4 allele is accompanied by increases in serum cholesterol and is more closely associated with atherogenic profiles in patients with renal failure. Mutations in E2 alleles, particularly in Japanese patients, produce a specific renal abnormality called *lipoprotein glomerulopathy* associated with glomerular lipoprotein thrombi and capillary dilation.

#### HYPERTENSIVE NEPHROSCLEROSIS

Uncontrolled systemic hypertension causes permanent damage to the kidneys in about 6% of patients with elevated blood pressure. As many as 27% of patients with end-stage kidney disease have hypertension as a primary cause. Although there is not a clear correlation between the extent or duration of hypertension and the risk of end-organ damage, *hypertensive nephrosclerosis* is fivefold more frequent in African Americans than whites. Risk alleles associated with *APOLL1*, a functional gene for apolipoprotein L1 expressed in podocytes