

Biopsy and aspirated materials	Tissue removed at surgery, bone, anticoagulated bone marrow, biopsy samples, or other specimens from normally sterile areas	1 mL of fluid or a 1-g piece of tissue	Sterile Culturette-type swab or similar transport system containing holding medium. Sterile bottle or jar should be used for tissue specimens.	Accurate identification of specimen and source is critical. Enough tissue should be collected for both microbiologic and histopathologic evaluations.
Wounds	Purulent material or abscess contents obtained from wound or abscess without contamination by normal microflora	2 swabs or 0.5 mL of aspirated pus	Culturette swab or similar transport system or sterile tube with tight-fitting screw cap. For simultaneous anaerobic cultures, send specimen in anaerobic transport device or closed syringe.	<i>Collection:</i> When possible, abscess contents or other fluids should be collected in a syringe (rather than with a swab) to provide an adequate sample volume and an anaerobic environment.
<b>Special Recommendations</b>				
Fungi	Specimen types listed above may be used. When urine or sputum is cultured for fungi, a first morning specimen usually is preferred.	1 mL or as specified above for individual listing of specimens. Large volumes may be useful for urinary fungi.	Sterile, leakproof container with tight-fitting cap	<i>Collection:</i> Specimen should be transported to microbiology laboratory within 1 h of collection. Contamination with normal flora from skin, rectum, vaginal tract, or other body surfaces should be avoided.
<i>Mycobacterium</i> (acid-fast bacilli)	Sputum, tissue, urine, body fluids	10 mL of fluid or small piece of tissue. Swabs should not be used.	Sterile container with tight-fitting cap	Detection of <i>Mycobacterium</i> spp. is improved by use of concentration techniques. Smears and cultures of pleural, peritoneal, and pericardial fluids often have low yields. Multiple cultures from the same patient are encouraged. Culturing in liquid media shortens time to detection.
<i>Legionella</i>	Pleural fluid, lung biopsy, bronchoalveolar lavage fluid, bronchial/transbronchial biopsy	1 mL of fluid; any size tissue sample, although a 0.5-g sample should be obtained when possible	—	Rapid transport to laboratory is critical.
Anaerobic organisms	Aspirated specimens from abscesses or body fluids	1 mL of aspirated fluid, 1 g of tissue, or 2 swabs	An appropriate anaerobic transport device is required. <sup>e</sup>	Specimens cultured for obligate anaerobes should be cultured for facultative bacteria as well. Fluid or tissue is preferred to swabs.
Viruses <sup>f</sup>	Respiratory secretions, wash aspirates from respiratory tract, nasal swabs, blood samples (including buffy coats), vaginal and rectal swabs, swab specimens from suspicious skin lesions, stool samples (in some cases)	1 mL of fluid, 1 swab, or 1 g of stool in each appropriate transport medium	Fluid or stool samples in sterile containers or swab samples in viral Culturette devices (kept on ice but not frozen) are generally suitable. Plasma samples and buffy coats in sterile collection tubes should be kept at 4–8°C. If specimens are to be shipped or kept for a long time, freezing at –80°C is usually adequate.	Most samples for culture are transported in holding medium containing antibiotics to prevent bacterial overgrowth and viral inactivation. Many specimens should be kept cool but not frozen, provided they are transported promptly to the laboratory. Procedures and transport media vary with the agent to be cultured and the duration of transport.

<sup>a</sup>For samples from adults, two bottles (smaller for pediatric samples) should be used: one with dextrose phosphate, tryptic soy, or another appropriate broth and the other with thioglycollate or another broth containing reducing agents appropriate for isolation of obligate anaerobes. For children, from whom only limited volumes of blood can be obtained, only an aerobic culture should be done unless there is specific concern about anaerobic sepsis (e.g., with abdominal infections). For special situations (e.g., suspected fungal infection, culture-negative endocarditis, or mycobacteremia), different blood collection systems may be used (Isolator systems; see table).

<sup>b</sup>Collection: An appropriate disinfecting technique should be used on both the bottle septum and the patient. Do not allow air bubbles to get into anaerobic broth bottles. Special considerations: There is no more important clinical microbiology test than the detection of bloodborne pathogens. The rapid identification of bacterial and fungal agents is a major determinant of patients' survival. Bacteria may be present in blood either continuously (as in endocarditis, overwhelming sepsis, and the early stages of salmonellosis and brucellosis) or intermittently (as in most other bacterial infections, in which bacteria are shed into the blood on a sporadic basis). Most blood culture systems employ two separate bottles containing broth medium: one that is vented in the laboratory for the growth of facultative and aerobic organisms and one that is maintained under anaerobic conditions. In cases of suspected continuous bacteremia/fungemia, two or three samples should be drawn before the start of therapy, with additional sets obtained if fastidious organisms are thought to be involved. For intermittent bacteremia, two or three samples should be obtained at least 1 h apart during the first 24 h.

<sup>c</sup>Normal microflora in the throat includes  $\alpha$ -hemolytic streptococci, saprophytic *Neisseria* spp., diphtheroids, and *Staphylococcus* spp. Aerobic culture of the throat ("routine") includes screening for and identification of  $\beta$ -hemolytic *Streptococcus* spp. and other potentially pathogenic organisms. Although considered components of the normal microflora, organisms such as *Staphylococcus aureus*, *Haemophilus influenzae*, and *Streptococcus pneumoniae* will be identified by most laboratories, if requested. When *Neisseria gonorrhoeae* or *Corynebacterium diphtheriae* is suspected, a special culture request is recommended.

<sup>d</sup>(1) When clean-voided specimens, midvoid specimens, and Foley or indwelling catheter specimens yield 50,000 organisms/mL and no more than three species are isolated, the organisms should be identified. Neither indwelling catheter tips nor urine from the bag of a catheterized patient should be cultured. (2) Straight-catheterized, bladder-tap, and similar urine specimens should undergo a complete workup (identification and susceptibility testing) for all potentially pathogenic organisms regardless of colony count. (3) Certain clinical problems (e.g., acute dysuria in women) may warrant identification and susceptibility testing of isolates present at concentrations of >50,000 organisms/mL.

<sup>e</sup>Aspirated specimens in capped syringes or other transport devices designed to limit oxygen exposure are suitable for the cultivation of obligate anaerobes. A variety of commercially available transport devices may be used. Contamination of specimens with normal microflora from the skin, rectum, vaginal vault, or another body site should be avoided. Collection containers for aerobic culture (such as dry swabs) and inappropriate specimens (such as refrigerated samples; expectorated sputum; stool; gastric aspirates; and vaginal, throat, nose, and rectal swabs) should be rejected as unsuitable.

<sup>f</sup>Laboratories generally use diverse methods to detect viral agents, and the specific requirements for each specimen should be checked before a sample is sent.