

## Recommended Immunizations for Adults by Age

Talk to your healthcare professional about these vaccines:	If you are this age,					
	19–21 years	22–26 years	27–49 years	50–59 years	60–64 years	65+ years
Influenza (Flu) <sup>1</sup>	Get a flu vaccine every year					
Tetanus, diphtheria, pertussis (Td/Tdap) <sup>2</sup>	Get a Tdap vaccine once, then a Td booster vaccine every 10 years					
Varicella (Chickenpox)	2 doses					
HPV Vaccine for Women <sup>3</sup>	3 doses					
HPV Vaccine for Men <sup>3</sup>	3 doses	3 doses				
Zoster (Shingles)					1 dose	
Measles, mumps, rubella (MMR) <sup>4</sup>	1 or 2 doses					
Pneumococcal (Pneumonia) <sup>5</sup>			1-3 doses			1 dose
Meningococcal			1 or more doses			
Hepatitis A			2 doses			
Hepatitis B			3 doses			

Boxes this color show that the vaccine is recommended for all adults unless your healthcare professional tells you that you cannot safely receive the vaccine or that you do not need it.	Boxes this color show when the vaccine is recommended for adults with certain risks related to their health, job or lifestyle that put them at higher risk for serious diseases. Talk to your healthcare professional to see if you are at higher risk.	No recommendation
---	---	-------------------

**FOOTNOTES:**

(Influenza vaccine)<sup>1</sup> There are several flu vaccines available—talk to your healthcare professional about which flu vaccine is right for you.

(Tdap vaccine)<sup>2</sup> Pregnant women are recommended to get Tdap vaccine with each pregnancy to increase protection for infants who are too young for vaccination but at highest risk for severe illness and death from pertussis (whooping cough).

(HPV vaccine)<sup>3</sup> There are two HPV vaccines but only one HPV vaccine (Gardasil®) should be given to men. Gay men or men who have sex with men who are 22 through 26 years old should get HPV vaccine if they haven't already started or completed the series.

(MMR vaccine)<sup>4</sup> If you were born in 1957 or after, and don't have a record of being vaccinated or having had these infections, talk to your healthcare professional about how many doses you may need.

(Pneumococcal vaccine)<sup>5</sup> There are two different types of pneumococcal vaccine: PCV13 and PPSV23. Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

If you are traveling outside of the United States, you may need additional vaccines. Ask your healthcare professional which vaccines you may need.

**For more information, call toll free 1-800-CDC-INFO (1-800-232-4636) or visit <http://www.cdc.gov/vaccines>**

**FIGURE 148-1 Recommended adult immunization schedules, United States, 2013.** For complete statements by the Advisory Committee on Immunization Practices (ACIP), visit [www.cdc.gov/vaccines/hcp/acip-recs/](http://www.cdc.gov/vaccines/hcp/acip-recs/).

(Continues)