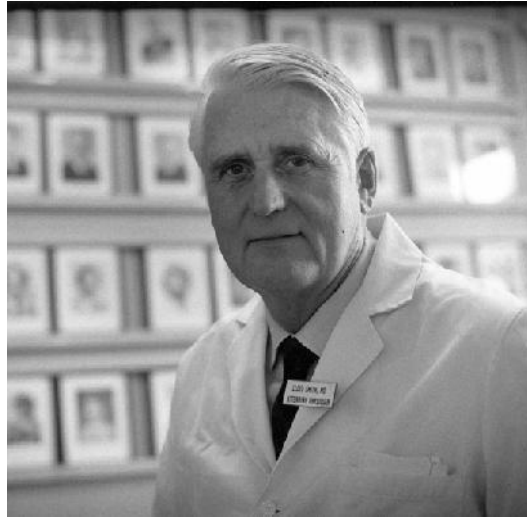


Lloyd Hollingsworth (Holly) Smith, Jr., MD Fred Plum, MD (Deceased)

This ninth edition of Andreoli and Carpenter's Cecil Essentials of Medicine had as its progenitor Cecil Essentials of Medicine. The idea for Essentials was originally conceived in the mid-1980s by Holly Smith and by Fred Plum. At the time, Charles C.J. (Chuck) Carpenter and I were Consulting Editors for The Cecil Textbook of Medicine for Infectious Diseases and Nephrology, respectively. Holly and Fred entrained the two of us into participating in a new venture that, happily, has become a successful force in Internal Medicine. The entire idea was to make Internal Medicine accessible in a compact but critical format to medical students, residents, and other practitioners of medicine. It is a privilege to pay tribute to Holly and Fred by dedicating this ninth edition of Essentials to them.

Lloyd H. Smith, Jr., MD



Dr. Smith, universally known as Holly Smith, is one of the true giants of academic medicine. A thoroughly engaging and courtly Southern gentleman, Holly was educated at Washington and Lee University, where he received a bachelor's degree, summa cum laude, in 1944. He then went north to Harvard Medical School where, in 1948, he received his MD, magna cum laude.

Following his residency in internal medicine at the Massachusetts General Hospital, Holly joined the Army Medical Corps where he provided, among other clinical activities, early dialysis in soldiers afflicted with epidemic hemorrhagic fever in the Korean Conflict. Investigatively, Holly's work was an exemplar for the early beginnings of molecular biology. In particular, he found that there was a double enzyme defect in a rare genetic disorder, orotic aciduria. Subsequently, working with Hibbard Williams, he discovered the enzyme defects of two distinct forms of primary hyperoxaluria.

One can see from the above narrative that Holly excelled in clinical medicine and in research. But perhaps his most powerful impact on internal medicine was his acceptance of the position as chair of internal medicine at the University of California, San Francisco, which he held from 1964 through 1985. He is now a professor of medicine and associate dean emeritus at UCSF. Holly's contribution as chair of internal medicine at UCSF was, in a word, dazzling. He developed a faculty that is peerless among departments of internal medicine in the United States. Following his tenure as chair of internal medicine at UCSF, Holly became associate dean, a position he held between 1985 and 2000, where his exceptional administrative talents provided a major impetus to the further expansion of UCSF.

For his contributions, Holly has been recognized as the president of virtually all the major societies in internal medicine, including the American Society for Clinical Investigation (1969), the Association of American Physicians (1975), and the Association of Professors of Medicine (1978). He has received the George M. Kober Medal from the Association of American Physicians, as well as membership in the American Academy of Arts and Sciences and the Institute of Medicine of the National Academy of Sciences.