



abrupt obstruction at the site of the volvulus. Acute gastric volvulus requires emergency surgical evaluation because of the substantial risk for mortality related to gastric ischemia or perforation. Treatment consists of surgical gastropexy and repair of any associated paraesophageal hernia.

#### SUGGESTED READINGS

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- Papathodoridis GV, Sougioultzia S, Archimandritis AJ: Effects of *Helicobacter pylori* and nonsteroidal anti-inflammatory drugs on peptic ulcer disease: a systematic review, *Clin Gastroenterol Hepatol* 4:130–142, 2006.
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